



<u>Protocol:</u>	Quarantine, Isolation, Testing, and Contact Tracing Policy	
<u>Approval Authority:</u>	Steering Committee	<u>Effective</u> August 1, 2021 <u>Date:</u>
<u>Responsible Administrator/Office:</u>	Student Health Service Human Resources	<u>Revised:</u> January 4, 2022

Policy Summary

The purpose of this policy is to create a process to reduce the transmission of SARS-CoV-2 virus from individuals with possible COVID-19 infection by separating individuals who are ill with or potentially exposed to COVID-19 in accordance with the University's isolation and quarantine protocols.

Policy Scope

This policy applies to all employees and students (undergraduate, graduate, and professional students) who will be on-campus for job related, residential or educational purposes or for other activities on either the Reynolda campus, Wake Downtown, Brookstown, Wake Washington, or the Charlotte campus. The policy also applies to all employees and students (undergraduate, graduate, and professional students) who will be participating in University-sponsored programs or activities off-campus.

Isolation for Students, Faculty and Staff

Students, faculty and staff who have symptoms of COVID-19 are required to be evaluated for symptoms, submit to be tested for COVID-19 if indicated, and report positive results. Symptomatic students, faculty and staff who have been confirmed to be infected with COVID-19 or unvaccinated students, faculty, and staff who are awaiting the results of COVID-19 testing will be required to isolate pending test results. Unvaccinated students, faculty, and staff who are required to undergo weekly asymptomatic testing must follow CDC guidelines for isolation if their testing confirms COVID-19. These individuals will not need to isolate while waiting for weekly testing results. Students, faculty and staff who are required to isolate will not be allowed to access campus except to attend medical appointments in the Student Health Service (students) or to remain in their isolation housing if this is on campus.

Release from isolation will be determined by a medical provider and/or public health officials based on the University's criteria for discontinuation of isolation for non-hospitalized individuals (which, in some circumstances, may require a negative test result). Individuals who were hospitalized will also need to meet the criteria for release from isolation per CDC criteria for hospitalized patients.

Isolation for On-Campus Students

Students who have tested positive for COVID-19 and who reside in on-campus housing will be required to isolate until criteria for discontinuation of isolation has been satisfied. Students may isolate in housing provided by the University or another location of their choice while following [CDC guidelines for isolation precautions](#).

When an on-campus student requires isolation, the relevant staff will contact Residence Life and Housing to initiate the intake process, whether a student chooses to isolate in University-sponsored housing or elsewhere. Once the student has been notified of the need to isolate, the student will minimize their contact with others, not attend classes in-person, wear a mask indoors except when alone in a residence hall room, and avoid entering common spaces whenever possible.

University-provided isolation housing may be provided in accordance with relevant public health guidance. Students will be provided with basic supplies and, if requested, meals and transportation. Students may receive occasional calls from the clinical staff at WF BestHealth for symptom monitoring, care, and other support.

Isolation for Off-Campus Students

Students who reside in off-campus housing will be instructed to isolate themselves from others until criteria for discontinuation of isolation has been satisfied. For health and safety reasons and to minimize the risk of virus transmission, contact tracers may also review a student's living environment and request that any student residing off-campus relocate to isolate or quarantine in a space provided by the University (depending on availability) or to another location. Students may receive occasional calls from the clinical staff at WF BestHealth for symptom monitoring, care, and other support.

Isolation for Employees

Employees who have been instructed to isolate due to a positive COVID-19 test result will be instructed to follow [CDC guidelines for isolation precautions](#). Employees are required [to report](#) if they tested positive or have been tested and results are pending to the Faculty & Staff Clinic (FSC), who will provide additional instructions.

Clearance/Release from Isolation

Students:

Students will be expected to self-monitor daily for symptoms and reach out to SHS as needed. On the anticipated last day of isolation students will receive a secure message in their SHS portal and be asked to complete a form before releasing them from Isolation. Students residing in University-provided housing may leave the designated space after being cleared by WF BestHealth. Vacated spaces will be cleaned according to University protocols.

Employees:

Employees will be contacted on the anticipated last day of isolation by the Faculty & Staff Clinic to determine if the release from isolation precautions have been met. If criteria are met, the employee will be advised they may have access to campus to return to job responsibilities.

Quarantine for Students, Faculty, and Staff

Students, faculty and staff who have been exposed to COVID-19 through close contact with an infected individual will be required to quarantine based on University guidelines. Healthcare workers are required to quarantine until they meet the [CDC recommendations for healthcare workers](#) and [OSHA ETS Return to Work criteria](#).

Students, faculty and staff will be notified by the Contact Tracing Team of their recent exposure

to someone with COVID-19. Faculty, staff, and students who have experienced an exposure to COVID-19 outside of the workplace or away from campus are required to notify the Faculty & Staff Clinic to evaluate the need for quarantine and/or testing for COVID-19. Students should email wfuwellness@wakehealth.edu. Faculty and staff should contact the clinic by phone at (743) 223-4217.

Quarantine for On-Campus Students

Students who must quarantine and who reside in on campus housing may quarantine in housing provided by the University or another location of their choice while following [CDC guidelines for quarantine precautions](#).

When a determination is made to quarantine an on-campus student, the relevant staff will contact Residence Life and Housing to initiate the intake process, whether a student chooses to quarantine in University-sponsored housing or elsewhere.

University-provided quarantine housing may be provided in accordance with relevant public health guidelines. Students will be provided with basic supplies and, if requested, meals and transportation. Students may receive occasional calls from the clinical staff at WF BestHealth for symptom monitoring, care, and other support.

Quarantine for Off-Campus Students

Students who must quarantine and who reside in off campus housing will be instructed to separate themselves from others based on [CDC guidelines for quarantine precautions](#). For health and safety reasons and to minimize the risk of virus transmission, University officials may also review a student's living environment and request that any student residing off-campus relocate to quarantine in a space provided by the University (depending on availability) or to another location, subject to University approval. Students may receive occasional calls from the clinical staff at WF BestHealth for symptom monitoring, care, and other support.

Quarantine for Employees

Employees who must quarantine will be instructed to separate themselves from others based on [CDC guidelines for quarantine precautions](#). Employees are required to report an exposure to the Faculty & Staff Clinic (FSC), who will provide additional instructions.

Clearance/Release from Quarantine

Students

- Students will be contacted via secure message sent from PyraMed on behalf of the Student Health Service on the anticipated last day of quarantine to review if symptoms have developed and results of any testing. If the student has met the University's criteria for release from quarantine, the student will be advised they may have access to campus to return to classes and other campus activities.

Employees

- Employees will be contacted by the Faculty & Staff Clinic on the anticipated last day of quarantine to review if symptoms have developed and results of any testing. If the employee has met the University's criteria for release from quarantine, the employee will be advised they may have access to campus to return to job responsibilities if they were unable to work from home during this time.

Testing Protocol for Students, Faculty, and Staff

Asymptomatic Testing

Unvaccinated and undervaccinated students and employees will be required to participate in regular asymptomatic COVID-19 testing. Students and employees who need to test will receive communication from the University or a designated provider regarding specific testing directions. Testing will be conducted at a central location that meets OSHA requirements. The University or a designated provider will notify students and employees of positive results and follow up with case investigation to determine close contacts who may need to quarantine. Additionally, the Faculty and Staff Clinic staff will notify the Forsyth County Health Department of positive results. Students and employees who test positive must follow the COVID-19 Isolation Protocol.

Athletics Department Protocol

Unvaccinated and under vaccinated student-athletes and Athletics Department staff will be required to participate in weekly asymptomatic COVID testing. Student-athletes and staff who need to test will receive communication from the Senior Associate Athletic Director/ Healthcare Administrator or designee of their specific testing directions. Testing will be conducted at the Turner Conference Room, located in Manchester Athletics Center or at another location designated by Athletics. Testing will be done once per week or as required by ACC/NCAA

guidelines.

The Senior Associate Athletic Director/ Healthcare Administrator will notify student-athletes and staff of positive results and follow up with case investigation to determine close contacts who may need to quarantine. Student-athletes and staff who test positive must follow the COVID-19 Quarantine and Isolation Protocol.

Diagnostic Testing

Diagnostic testing for students who are showing symptoms of COVID-19 is available at Student Health Service. Students who receive diagnostic testing elsewhere must notify the Student Health Service of a positive COVID-19 test result at wfuwellness@wakehealth.edu.

Employees experiencing COVID-19 symptoms should contact the Faculty and Staff Clinic for screening and must inform their manager. Employees who receive diagnostic testing elsewhere must inform the Faculty and Staff Clinic and their manager of a positive result.

Athletics Department Protocol

Diagnostic testing for student-athletes and staff who are showing symptoms of COVID-19 is available through the Athletic Training Department. Student-athletes and Athletics Department staff who receive diagnostic testing elsewhere must notify the Senior Associate Athletic Director/Healthcare Administrator of a positive test result.

Post-Exposure Testing

All students, including vaccinated students, must comply with University directives for COVID-19 testing after an exposure to COVID-19.

The Faculty & Staff Clinic will advise employees regarding post-exposure testing recommendations based on [CDC recommendations](#).

Athletics Department Protocol

Quarantined student-athletes as well as vaccinated student-athletes and Athletics Department staff exempt from quarantine must comply with University directives for COVID-19 testing after an exposure to COVID-19, which will be based on guidance from the ACC, [CDC](#), NC DHHS, or the University's infectious disease consultants.

Compliance

Students who fail to appear for required testing will be referred to the conduct process appropriate to their school. Managers will be informed when employees fail to appear for required regular testing and will follow appropriate [corrective action](#), as necessary and advised by Human Resources.

Notifications (Academic)

Students will be advised to notify their professors about the need to miss class and to seek any academic support.

Case Investigation and Contact Tracing

Prompt identification of individuals exposed to a person having been diagnosed with COVID-19 and quarantining those exposed individuals can significantly reduce transmission of the virus. Contact tracing is an effective disease control strategy that involves investigating cases and their contacts and interrupting disease transmission by advising cases to isolate and contacts to quarantine according to current University protocols. Case investigation, contact tracing, and case management are three core measures that have been historically used by state and local public health departments to slow or stop the spread of infectious disease to a community.

Specific protocols have been developed that allow for notification to initiate contact tracing, the interview process, contact identification, and determination of quarantine options. These protocols are maintained by Wake Forest BestHealth.

Related Policies, Protocols and Definitions

[CDC Isolation and Quarantine Guidelines](#)

[Wake Forest Isolation and Quarantine Protocol](#)

- **PUI (Patient Under Investigation):** A patient who meets criteria for suspicion of COVID-19 whose test results are not yet available.

- **Isolation:** An individual is placed in isolation when they have been identified as testing positive for COVID-19 or are considered to be a PUI and are awaiting test results. Isolation is used to separate people suspected or confirmed to be infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home/in isolation until it is safe for them to be around others. In the home or other shared living environment, anyone sick or infected should separate themselves from others by staying in a specific “sick room” or area and using a separate bathroom (if available).

- **Quarantine:** An unvaccinated individual or a vaccinated individual who is eligible for but not yet received a booster vaccine is placed under quarantine when they have been identified as having met CDC criteria for exposure to COVID-19 through either direct contact with an individual who has tested positive for COVID-19 or has travelled to an area that has been identified as “high risk” by the [CDC](#).

- **Exposure to COVID-19:** Individuals who have met [CDC criteria for exposure to COVID-19](#).

- **Close Contact:** Someone who has been within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period. These criteria apply regardless of the use of a cloth face mask.

- **Case investigation:** is the investigation of patients with confirmed and probable diagnoses of COVID-19 (known as the “case”) to determine individuals with whom the case has been in contact with during their infectious period.

- **Contact tracing:** is the notification, monitoring, and support of the individuals (known as “contacts”) who have been exposed to the patient and possibly infected themselves. This process prevents further transmission of disease by separating people who have, or may have, an infectious disease from people who do not.

